



<b>Monday</b>	<b>Packed Lunch</b>	<b>Jacket Potato</b> with a choice of fillings
<b>Tuesday</b>	<b>Packed Lunch</b>	<b>Jacket Potato</b> with a choice of fillings
<b>Wednesday</b>	<b>Packed Lunch</b>	<b>Jacket Potato</b> with a choice of fillings
<b>Thursday</b>	<b>Packed Lunch</b>	<b>Jacket Potato</b> with a choice of fillings
<b>Friday</b>	<b>Packed Lunch</b>	<b>Jacket Potato</b> with salmon mayo

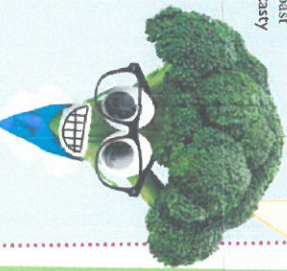
**PACKED LUNCH...**  
 Ham or Cheese Sandwich  
 or Baguette or Daily Special Wrap  
 with Veg Sticks and Fresh Fruit  
 or Dessert of the Day



Trying new and different foods is a great way of getting all the nutrition your body needs

<b>Chicken Burger with Potato Wedges</b> Roast chicken served in a soft bun with lettuce and mayo	<b>Tomato Pizza with Dough Balls</b> Cheesy tomato topped pizza slice
<b>Roast Turkey with Roast Potatoes and Gravy</b> Succulent roast turkey with fluffy roasts and tasty gravy	<b>Mac 'N' Cheese</b> Traditional Mac 'n' Cheese - delicious macaroni in a creamy cheese sauce
<b>Pasta Bolognese</b> A classic Italian beef bolognese in a yummy tomato sauce	<b>Hot Dog with Potato Wedges</b> Our favourite veggie hotdog served in a soft sub roll
<b>Roast Quorn with Roast Potatoes and Gravy</b> A traditional Quorn roast with fluffy roasts and tasty gravy	<b>Golden Fish Fingers and Chips</b> Crispy fish fingers and scrummy chips
<b>Vegetarian Wrap</b> A soft wrap filled with lightly spiced veggies and rice	<b>Quorn Nuggets and Chips</b> Crispy Quorn nuggets and scrummy chips

Available every day!  
 Cool water  
 Salad  
 Freshly baked bread  
 Yoghurt and milk  
 Fresh fruit



<b>Fresh Carrots and Peas</b>	<b>Secret Brownie</b> with Fruit Slices
<b>Sweetcorn and Fresh Broccoli</b>	<b>Orange and Carrot Cake</b>
<b>Fresh Carrots and Cabbage</b>	<b>Banana Flapjack</b>
<b>Fresh Broccoli and Sweetcorn</b>	<b>Apple and Berry Crumble</b> with Custard
<b>Baked Beans Fresh Carrots and Peas</b>	<b>Raspberry Ripple Ice Cream</b> with Fruit Slices

WEEKS COMMENCING:  
 09/11, 30/11, 04/01,  
 25/01, 22/02, 15/03



Look out for these symbols for our super healthy dishes:

- Fruity!
- Wholegrain
- Vegetarian
- Oily fish

Allergy? Speak to our kitchen for help